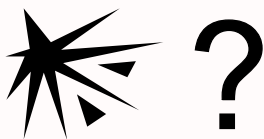




The DELVE Formula™

5 KEYS TO CREATE CHANGE



2. Explore

What is the impact of Disrespect and Disregard of Other's Human Rights on us all?



4. Viable

What is already working that honours the human rights of all?



1. Deconstruct

How did our systems become so broken and fragmented?



3. Listening

Listening with deep presence and open hearts to what has happened to the First Nations people in our country.



5. Energise

What collaborative or First Nations led initiatives are working? Energise them!



Cindy Anne Mathers is the Author of **DELVE-ing into Cultural Humility: How Respect and Deep Listening Can Heal a Nation**, 2023.

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